

ACP-UK Complex Mental Health Network Launch Event Sept 19th 2019

Title: Meeting the Individual: Psychologically Informed Approaches with Complexity

Venue: The Studio, 7 Cannon Street, Birmingham, B2 5EP

Programme:

	Title	Facilitators
09.00 – 09.30	Arrival/coffee	
09.30 – 09.40	Welcome	Selma
	Morning Presentations	
09.40 – 10.00	Working within & across complex systems to meet individual needs: the trapped and the tangled	Mark Adam Smith
10.00 – 10.20	Using the CCC model within acute inpatient & community services – a team based approach	Linda Wilkinson
10.20 – 10.40		Sean Harper & EbE experience of formulation
10.40 – 11.00	Psychological models of hoarding	Rowan Tinlin
11.00 – 11.20	Coffee break	
11.20 – 11.40	Exploring the relationship between Insight and Working Alliance in Psychological Therapy for Psychosis	Tom Sharp
11.40 – 12.00	Digital innovations in working with psychosis	Julia Jones
12.00 – 12.30	Network meeting	Selma Ebrahim
12.30 – 13.15	Lunch time	
13.15 – 14.45	Afternoon Workshops	
14.45 – 15.00	Coffee Break	
15.00 – 16.00	Workshops	
Stream 1.	Using the CCC model to embed psychological working within teams	Isabel Clarke
Stream 2.	How can trauma informed practice support teams to manage behaviours that may challenge & risk	Iris Benson, Lianne Franks, Paul Sams
Stream 3.		
Part 1.	Working within & across complex systems to meet individual needs: the trapped and the tangled	Mark Adam Smith
Part 2.	Digital innovations with psychosis	Julia Jones
16.00 – 16.30	Panel Discussion	All

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Presenters

Mark Adam Smith Director for Public Service Reform with Gateshead Council. He will present innovative work with people who were beginning to struggle to pay council tax and how building relationships and providing individualised support enabled people to thrive.

@MarkAdamSmith @gateshead

Isabel Clarke has worked extensively as a Consultant Clinical Psychologist in inpatient and community services. She has published on adapting CBT for inpatient contexts and will present her work on the Comprehend, Cope and Connect model.

@Isabelscispirit @Southern_NHSFT

Iris Benson is an expert by experience who works in Mersey Care NHS Foundation Trust enabling No Force First. This initiative sees relationships between staff and the people who use services as central in de-escalating tensions when people are distressed in inpatient environments. The approach has proven success in reducing restrictive practices

@Mersey_Care @irisbenson100

Lianne Franks leads in Mersey Care NHS Foundation Trust intellectual disabilities services on No Force First. This is an initiative to reduce restrictive practices and promote support for people in inpatient services when they are distressed. She will be presenting on understanding trauma and its relationship to behaviour that challenges. @Mersey_Care

Paul Sams is an expert by experience who works in NTW Foundation Trust leading the Talk 1st initiative which promotes a variety of interventions to reduce restrictive practices in inpatient services. He will talk about how work with teams to integrate the approaches into ward cultures is key. @psamsy @NTWNHS @Talk1stNTW

Rowan Tinlin is a Clinical Psychologist who will present her research on beliefs related to hoarding behaviour helping inform effective psychological interventions.

@UniofNewcastle @NTWNHS

Linda Wilkinson is Director of Psychological Services in Sheffield Health and Social Care NHS Foundation Trust. She is also Chair of PCMH Faculty within the British Psychological Society. She will present work on using the Comprehend Cope and Connect model within acute inpatient & community service teams to enable psychologically informed care.

@SHSCFT @PCMHbps @BPSOfficial

Sean Harper is a Clinical Psychologist in Lothian who has been using the Comprehend Cope and Connect model to integrate psychological formulation as a key component within care. He will present his findings on using the model.

@NHS_Lothian @PCMHbps @BPSOfficial

Julia Jones is a Clinical Psychologist and Trial Coordinator for gameChange a psychological treatment approach for people experiencing psychosis using virtual reality. She will present research in the field and provide a demonstration workshop.

@gameChangeVR @NIHRresearch <https://gamechangevr.com/>