

A Model for Facilitation of Reflective Practice Groups During Covid-19

Create Safety

Listen to feedback & make safety in the group an ongoing topic for discussion

Engage Heads & Hearts

Make space both to share immediate reactions & to step back to make sense of things

Build organizational support

Give feedback to service heads as part of review process, while keeping group a safe & separate space

HEADS + HEARTS

Encourage Active Listening

Attend to depth & detail of individual experience, respecting difference & diversity

Think Outside the Box

Reconnect with members' intuitive wisdom & creative resources, alongside established knowledge base

Focus on Peer Resource

Nurture group relationships & members' confidence in sharing experience & making links

ACP  **UK**

ASSOCIATION OF CLINICAL PSYCHOLOGISTS

Adapted version of the Intersubjective Model of Reflective Practice Groups (Kurtz, 2020)

ACP-UK will be offering a series of events in response to Covid-19. More details will be provided on our website

www.acpuk.org.uk