



ASSOCIATION OF CLINICAL PSYCHOLOGISTS

Complex Mental Health Network

Terms of Reference

Network Name: Complex Mental Health Network

Timing, Frequency and Duration: Monthly, 1 hour remotely. Once a year full Away Day, face to face when possible. If required, subgroup meetings can be arranged outside of standard network meeting times at a time convenient to subgroup members. A meeting quorum will be 50% of members of the advisory group

Committee Secretary: Ian Brown

Reporting Arrangements: Reporting to the Directors of ACP-UK

Membership:	
Elected Chair/Lead (3-year term of office)	<ul style="list-style-type: none"> • Dr Selma Ebrahim, Consultant Clinical Psychologist & Associate Director, Cumbria, Northumberland Tyne & Wear Foundation Trust.
Members:	<ul style="list-style-type: none"> • An Advisory Group, comprised of volunteer members with clearly defined roles and who will support the Member Network in achieving its' purpose <ul style="list-style-type: none"> ○ Dr Ian Brown, Consultant Clinical Psychologist, Network Secretary, Pennine Care NHS Foundation Trust ○ Isabel Clarke, Consultant Clinical Psychologist, Advisory Group Member, Southern Health NHS Foundation Trust ○ Paul Sams, EbE, Cumbria, Northumberland Tyne & Wear Foundation Trust. ○ Helena Crockford, Consultant Clinical Psychologist, Advisory Group Member, Norfolk & Suffolk Foundation Trust ○ Iris Benson, EbE, Mersey Care NHS Foundation Trust ○ Denise Porter, Carer EbE, Cumbria, Northumberland Tyne & Wear Foundation Trust. ○ Dr Karen MacKenzie, Clinical Psychologist, Advisory Group Scotland Representative, NHS Greater Glasgow and Clyde
Deputy:	Ian Brown, Secretary

Core Purpose

The core purpose of the Complex Mental Health Network is to promote psychologically and trauma informed ways of understanding and working with complex mental health issues – a whole person approach.

The Complex Mental Health Network will align with the values of ACP-UK in being bold, ethical and member-led. This means the network will:

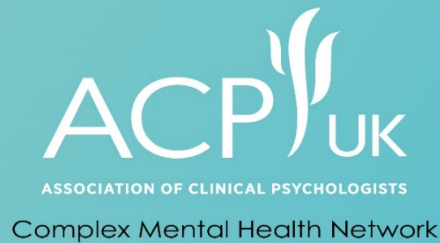
- Act resolutely, increasing the diversity of members, offering leadership to clinical psychologists and speaking out on behalf of members
- Act with integrity for the benefit of our clients and communities, promoting clinical psychology and standing up to prevent its misuse
- Be accountable to our members, responsive and transparent in our communications, and guided by their concerns

The additional specific purpose of the Complex Mental Health Network is to:

- Provide a national voice for clinical psychologists working in complex mental health contexts
- Promote access to psychologically informed interventions for people with complex mental health issues

Governance, rules and behaviours:

- The Group will review its performance annually against its Terms of Reference
- Act with integrity for the benefit of clients and communities, promoting clinical psychology and standing up to prevent its misuse
- Be accountable to members, responsive and transparent in communications, and guided by members concerns
- Attend scheduled network meetings and if necessary nominating a proxy
- Wholeheartedly championing the network within and outside of work areas
- Sharing all communications and information across all network and advisory group members in a meaningful and timely way
- Making timely decisions and taking action so as to not hold up developments or projects
- Notifying members of the network/advisory group, as soon as practical, if any matter arises which may be deemed to affect the work of the network and/or ACP-UK
- Embedding the voice of experts by experience relevant to the work of the network in all network business
- Attend a once yearly ACP-UK member network link event where business of the network can be shared with other network leads and advisory groups and the ACP-UK Board.



Network Responsibilities:

The Group will review its performance annually against its Terms of Reference

Specific Network Roles and Responsibilities include:

- To provide CPD and networking opportunities
- To engage in developing national guidance, responding to consultations, being a voice for psychology in complex mental health settings
- To develop links with PPN's and a range of relevant external organisations
- To promote practice based research, service evaluation and training
- To build the membership through the webpage, network email list, a newsletter and videos about the network.
- To review and comment, if appropriate, on ACP-UK documents and statements to ensure appropriate representation of the Complex Mental Health Network and ensure accuracy with regards to the Complex Mental Health Network.
- To ensure, where appropriate, that the Complex Mental Health Network has representation on committees relevant to organisations associated with the business of the network
- Supporting the ACP-UK constitutional objectives of promoting, publicising, supporting and develop the contributions of clinical psychologists, in order to improve the health, social care and well-being of the population of the United Kingdom.
- Advising ACP-UK about matters relating to Complex Mental Health settings

Review Date: January 2022

Dr Selma Ebrahim, Chair Complex Mental Health Network