

To The National IAPT Policy Team,

**Re: Integration of IAPT-LTC and Level 4 Clinical & Health Psychology Services**

We are writing to establish a formal link between the ACP-UK Clinical Health Psychology network and the national IAPT-LTC steering group. We would be pleased to be able to formalise the links between our respective professional groups and the services we provide in order to optimise benefits for the people and communities we serve.

Following a very successful ACP-UK webinar “Integrated Care Pathways: IAPT-LTC and CHP” we would like to support improving the national integration of services. There are some excellent examples of where integrated care pathways have been established and are working extremely well (indeed, colleagues from Buckinghamshire NHS Trust delivered to the aforementioned webinar). However, we are also aware of areas in the country where challenges have led to blocks or delays in undertaking an integrated care pathway approach.

As a first step to supporting the aims within the NHS 10 Year plan and the National Collaborating Centre for Mental Health implementation guidance, we are making this formal approach and requesting a meeting to review how joint working may be developed.

We thank you for your time and consideration of this approach and look forward to hearing from you.

Yours Sincerely;

**Dr Mike Wang**

Chair of the Board of Directors, ACP-UK

**Dr Dorothy Frizelle**

ACP-UK Director & Integrated Care Lead for Clinical Health Psychology Network

**Dr Rachel Holt**

Consultant Clinical Psychologist and UK Lead for ACP-UK Clinical Health Psychology Network

**Dr Katherine Carraretto**

Clinical Psychologist, ACP-UK Clinical Health Psychology Network Committee member

**Dr Hannah Gormley**

Principal Clinical Psychologist, Trust Lead for Clinical Health Psychology, Calderdale and Huddersfield NHS Trust.