Complex Mental Health Network Plan 2022 – 2023

Our Vision

To promote, psychologically and trauma informed ways of understanding and working with complex mental health issues – a whole person approach

Aims

- Provide a national voice for clinical psychology in complex mental health contexts
- Support work with teams and systems – increasing access to psychologically informed environments for people with complex mental health issues
- Promote access to psychologically informed interventions for people with complex mental health issues
- Promoting psychologically safe environments for service users and staff

Principles

- Coproduction with experts by experience
- Outward facing – collaborate and build alliances with other organisations, professions and networks supporting psychology and complex mental health
- Promote diversity within our network – to be welcoming of people from all backgrounds and reflect the diversity within the nations

Area	2021- 2022	2022 - 2023	Actions
CPD and networking opportunities			
Webinars	No slot available for the network at the ACP AGM Network event held July 2021 Acute Guidelines launch event held with BPS November 2021 – highlighting good practice examples, co-produced with experts by experience involved in the guidelines development	April, June, September and December (topic tbc) Potential future conference topics: Community transformation and complex mental health: good practice – from pilot sites. Improving trauma informed care, purposeful community care pathways, NES, social prescribing, CAPs. Mix of remote and live event?	Arrange speakers, flyers for events, promote to members, seek feedback following events.
Yearly conference	AGM – delayed due to pandemic		
Leadership and influence			

National Development of national guidance e.g. for care pathways Publicise and respond to new policy and guidance and how it relates to psychology Increasing psychological leadership in teams, governance around psychologically informed practice Workforce – ensuring DClin training enables confidence in complex contexts & with complex mental health issues Strategic support to develop roles of psychology in providing leadership – clinical leadership Develop links with PPN's	Acute Pathway Guidelines for Commissioners & Managers publication 2021 Dissociation guidelines – proposal developed Core competency guidelines in inpatient services with UCL – engaged in development work NCAP – continued representation MHA Reform Consultation AIMs – Representation at RCP review of AIMs SIM and the High Intensity Network – developed response for ACP	Team Formulation Guidelines – complete, publish and launch Complete, publish and launch Dissociation Guidelines AIMs – continue representation NCAP – continue representation Inpatient Leads network – maintain links IB/SE On the horizon: Trauma Informed Care Community transformation New Roles, MPAC, CAPs, TAPS, Mental Health Wellbeing Practitioners Human rights approaches	

	Inpatient Leads network – enable development IB/SE	Diversity – BAME	
Building the network Discussion list Web page Sync Reps from Scotland and Northern Ireland. Diversity lead role Research lead	Web page is now live Unfortunately our Scotland rep moved on. We have welcomed a trainee (& research) and Wales rep Network, discussion list. Network update document provided for web page 2021 Reps sought from Scotland and Northern Ireland. Diversity and Inclusion lead role sought Twitter – 184 followers	Provide Spring update for web page Build Committee Representation: • Reps from Scotland and Northern Ireland. • Diversity and Inclusion lead role • Community mental Health Services • Crisis Teams/MHLS • University link • Committee Member Enhance links with ACP directors and other member network leads	Complete Spring Network update and submit for Web page SE Seek involvement in committee from members at network meetings and on social media Seek to feed back to a Directors meeting about the

	Linked up with other network leads to support trainee director, and work on Team Formulation Discussion Paper	Continue to build social media presence	work of the network, and our coproduction approach. Invite Network lead Director to next committee meeting
Promote practice based research, service evaluation and training	Link to papers and projects on web page – suicide prevention webinars are online	Link to papers and projects on web page – suicide prevention webinars are online	