## COMPLEX MENTAL HEALTH NETWORK

# Restrictive Practice and Human Rights what can Adult Mental Health Services learn?

#### **Complex Mental Health Network Event:**

## Monday 20<sup>th</sup> June 14.30 – 17.00

### HOLD THE DATE

There is a welcome focus on promoting Human Rights and reducing restrictive practices in mental health settings embodied within current NHS Long Term Plan and CQC guidance, they are also themes within the recent review of the Mental Health Act. This event will bring together some of the leading experts on restrictive practice and human rights looking at the implications for improving practice in adult mental health services. There will be time for discussion about the presentations and questions to speakers facilitated by Dr Selma Ebrahim, Consultant Clinical Psychologist, CMHN lead, and Dr Andrea Davies Consultant Clinical Psychologist and member of the CMHN committee.

#### **Presenters:**

**Iris Benson**, MBE, Expert by Experience, AHP Improvement Lead for Mersey Care, and a Trustee for Bild/ACT.

**Dr Andrew Hider**, Consultant Clinical and Forensic Psychologist, Clinical Director, Approved Clinician, Ludlow Street Healthcare

Professor Edwin Jones, Positive Behavioural Support PBS Strategic Lead, Bild

**David O'Brien**, Senior Improvement Manager, Learning Disability Improvement Public Health Wales Public Health Wales - 1000 Lives Improvement Unit

This will be FREE for members and cost £30 for non-members, and a recording will be made available to all members after the event. We will be sending out more information and a link to sign up for the event soon, however please hold the date in diaries.

#### With very best wishes,

Dr Selma Ebrahim, Lead, Complex Mental Health Network