



Unlocking Science: Bridging the Gap with
Open Access and Lay Summaries

Session overview



WORKSHOP

What is the Collaborative Library?

What a good lay summary should include?

Why publish a lay summary on the Collaborative library?

Who are we?

*Jacob Maspero Bottaio, GMBPsS, Expert by Experience
& Research-Informed Trauma Advocate, WM of The
Collaborative Library*

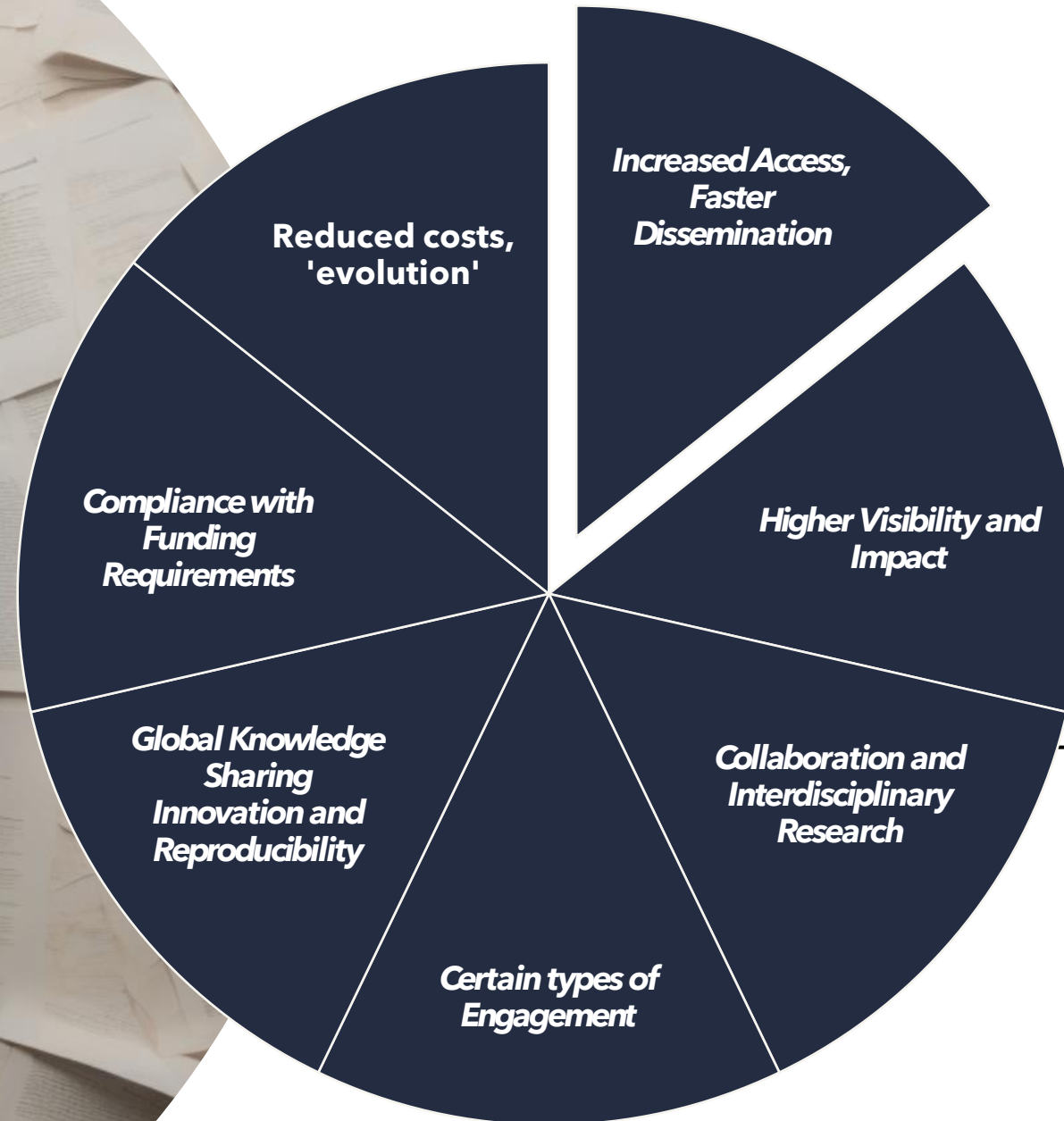
*Dr Anthony Harrison, Principal Clinical Psychologist,
Bradford District Care NHS Foundation Trust, Director
of The Collaborative Library*

*Dr Anja Harrison, Lecturer, King's College London, CEO
The Collaborative Library*



What is open access?

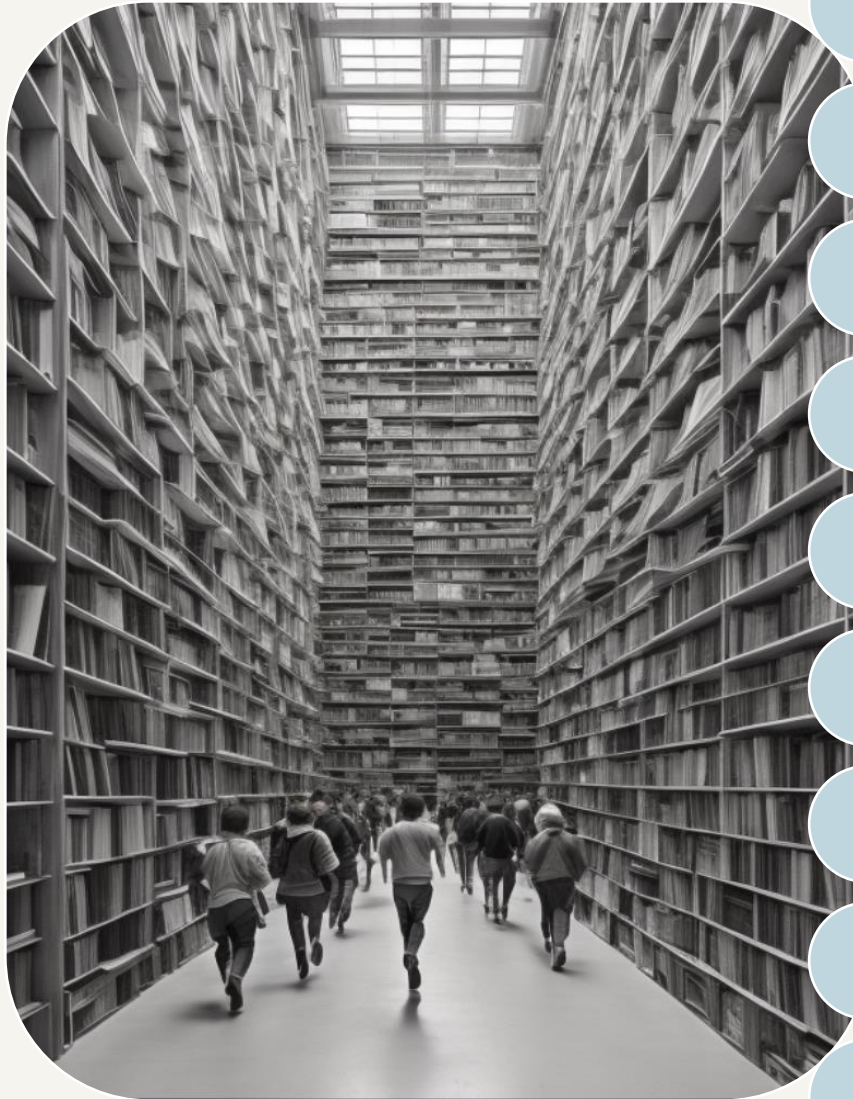




*Why is open
access so
important?*



Open access movements



Budapest Open Access Initiative

***Berlin Declaration on Open Access to Knowledge
in the Sciences and Humanities***

Public Library of Science (PLOS)

Creative Commons (CC)

Directory of Open Access Journals (DOAJ)

Plan S

***SCOAP3 (Sponsoring Consortium for Open Access
Publishing in Particle Physics)***

OpenAIRE.

Unpaywall

Open access movements

Budapest Open Access Initiative



Open Access Movements

DOAJ OPEN GLOBAL TRUSTED

SUPPORT APPLY SEARCH

SEARCH DOCUMENTATION ABOUT

The open access movement is thriving since the UKRI open access policy has started requesting for creative commons licenses to be attached to scientific publications.

DIRECTORY OF OPEN ACCESS JOURNALS

Find open access journals & articles.

Journals Articles

In all fields SEARCH

80 LANGUAGES	132 COUNTRIES REPRESENTED	13,016 JOURNALS WITHOUT APCs	18,945 JOURNALS	8,569,083 ARTICLE RECORDS
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LOGIN

OpenAIRE.

Unpaywall

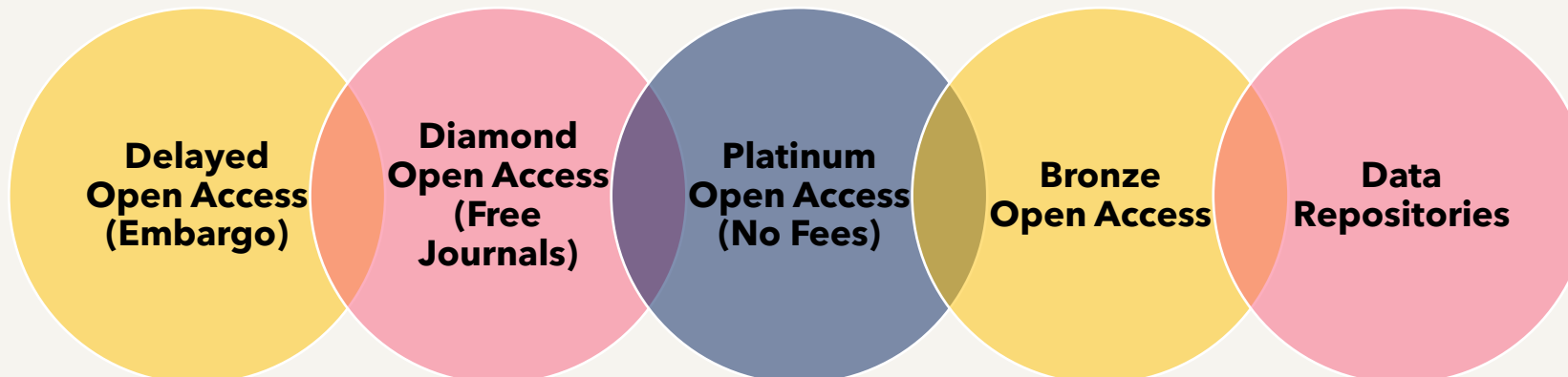
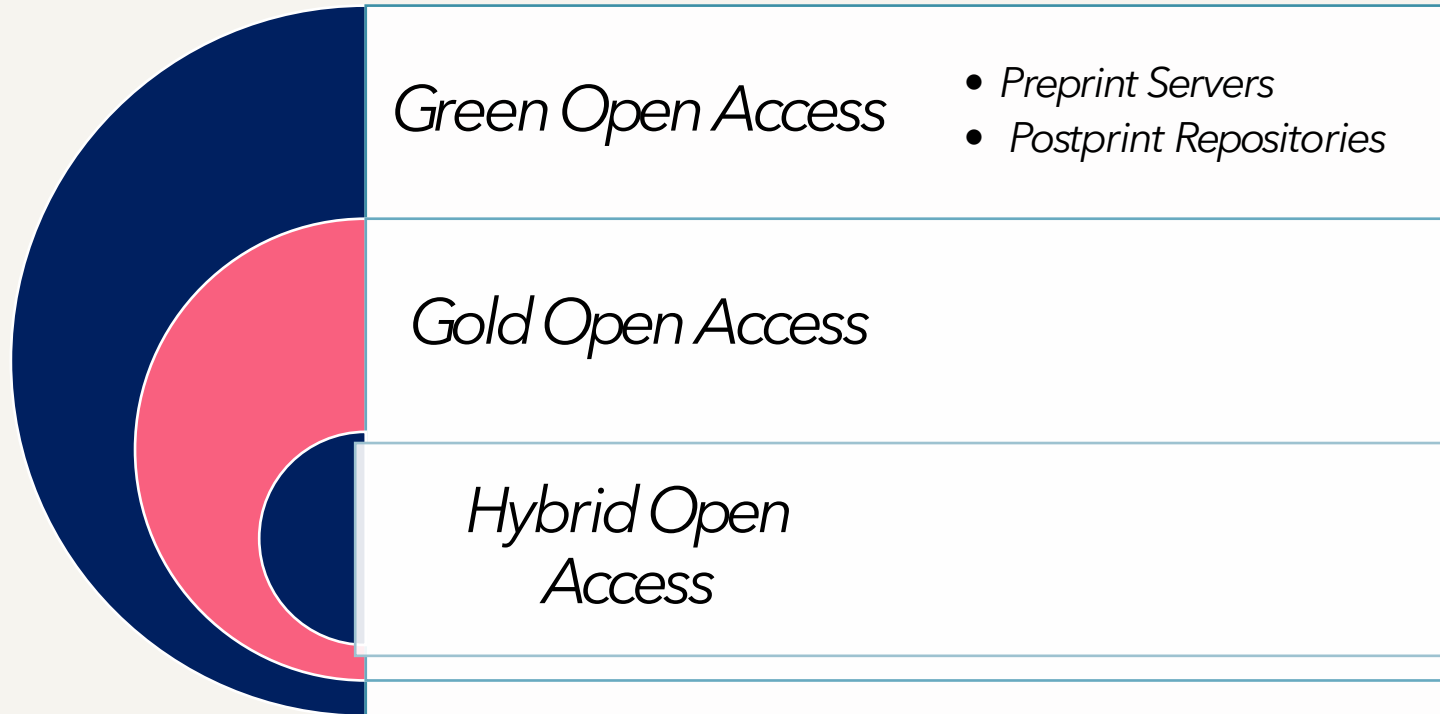
Quick poll- How many would you have been able to lists?

all
a handful
a couple
one
none

Policy

UKRI open access policy

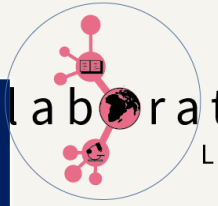
What different routes of open access are there?



Good publishing practices



- *Institutional Repositories*
 - *Kudos*
- *Social Media and Online Science Communication*
- *Public Engagement and Citizen Science*
- *Altmetrics and Impact Tracking*
 - *Open Peer Review and Preprints*
- *Collaboration with Libraries and Information Professionals*
 - *The Collaborative Library*





Research shows it would take an individual general practitioner (GP) doctor around 628 hours a month (!) to keep up to date with general practice research articles alone.

The burden of science



The time taken for
half of engineering
facts to be replaced
or proven wrong was

35 years in 1900 and

4 years in 2019

So, by the time people graduate from
a 4-year course, half of the knowledge
of things they've learned in year one
will be outdated.

Quick poll- How many articles do you read per week?

7+

5

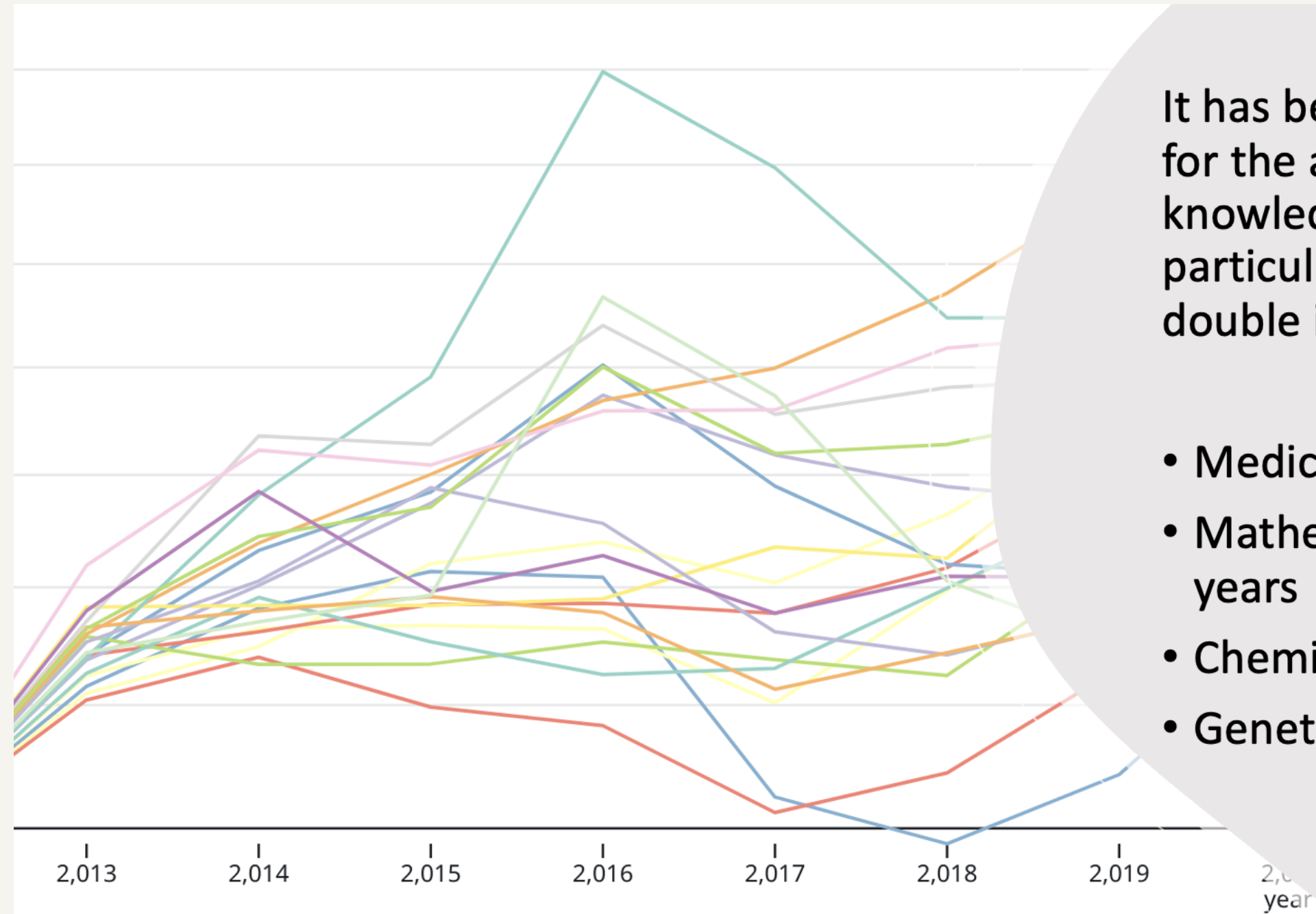
1

I have no time for reading



It has been estimated for the available knowledge in a particular field to double in

- Medicine: 87 years
- Mathematics: 63 years
- Chemistry: 35 years
- Genetics: 32 years



How to tackle this problem?

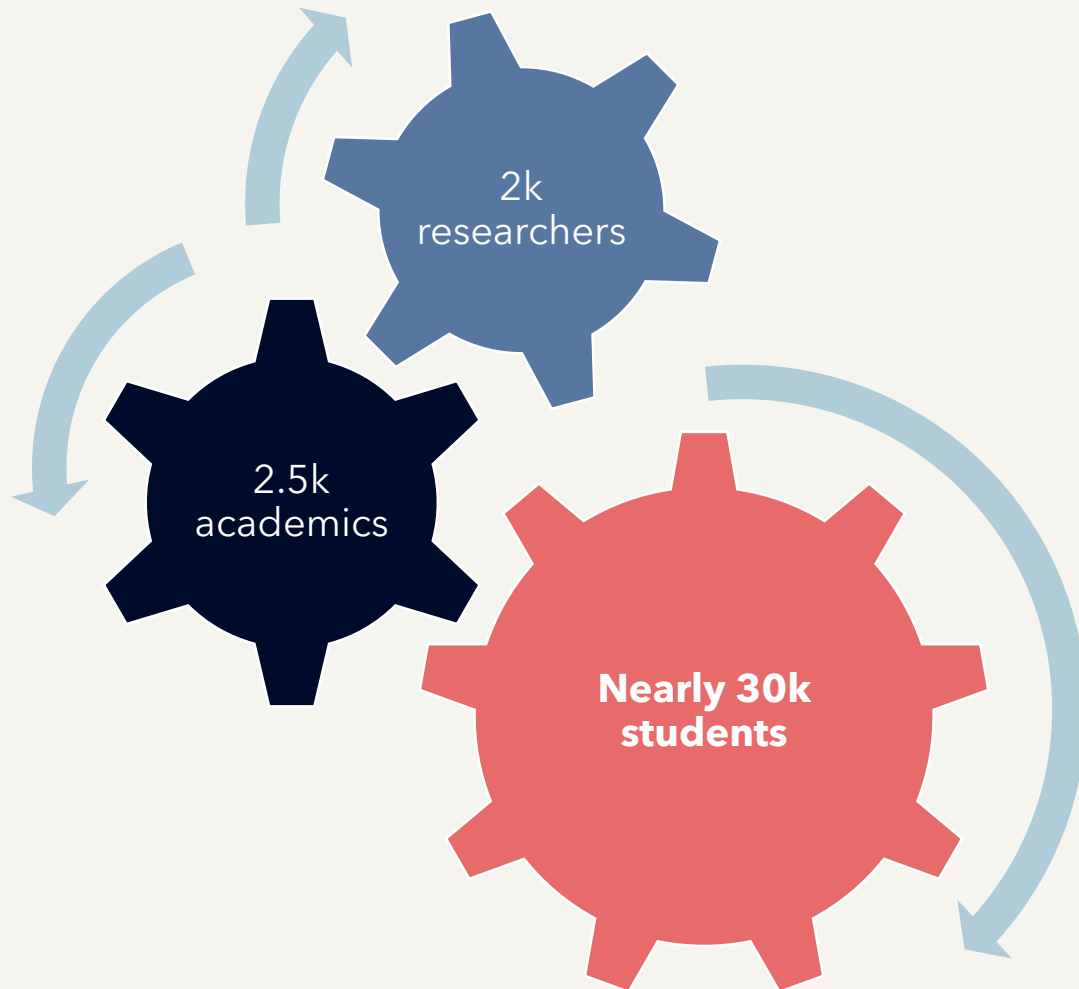
- Set Clear Goals and Priorities
- Use Online Databases and Alerts
- Follow Key Journals and Researchers
- Use RSS Feeds
- Join Research Networks and Forums
- Utilize Reference Management Software
- Attend Conferences and Workshops
- Read Review Articles and Meta-Analyses
- Use Social Media and Science Blogs
- Allocate Regular Time Slots for Reading
- Collaborate and Share with Colleagues
- Practice Critical Reading

Still feels unmanageable?

LAY SUMMARIES



King's College London- an example



**180k total amount
of research outputs**

- 5 years

TEAMING UP

- Universities
- Healthcare trusts
- Specialist societies
- Charities
- Industry

The significance of lay summaries

Sorry I did
not read your
meta-analysis...



...about the best
ways to get out
of quicksand.



But could
you give me a
brief summary?



Ideally, in
lay terms.



@timmkinitz

The

Collaborative

Library



Using lay summaries to influence policy

*Accessible
Communication*

*Evidence-Based
Insights*

*Highlighting
Relevance to Real-
World Issues.*

Time Efficiency

*Engagement and
Interest*

Advocacy Efforts

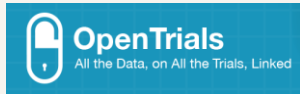
*Informed Decision-
Making*

*Broadening Public
Support.*

Catalyzing Dialogue

*Facilitating
Collaboration
Bridge between
Research and Action*

There are a few platforms already out there....

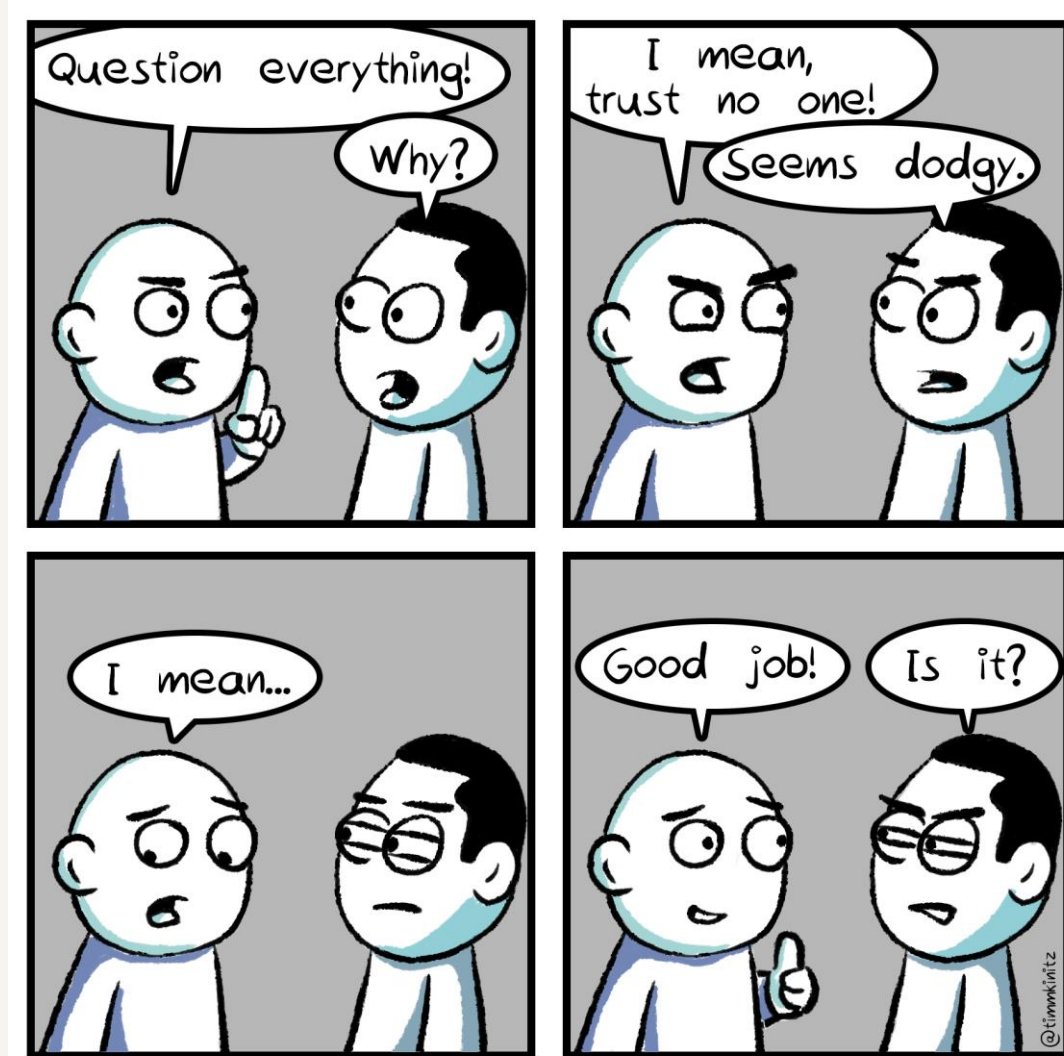


The Collaborative Library



- We **share profits** at no cost
- Includes **free study quality guides and educational materials**
- **Inclusivity and diversity**, all disciplines
 - ✓ Enhance your practice
 - ✓ Signpost your service users to a reputable website your practice, and
 - ✓ Produce valuable research outputs
 - ✓ generate scholarships/ grants at the

Enable yourself and others to critically assess



How to create a lay summary -a brief taster tutorial-

For more detail check www.thecollaborativelibrary.com



STEP 6
Become a published Lay summary author!



Step by step

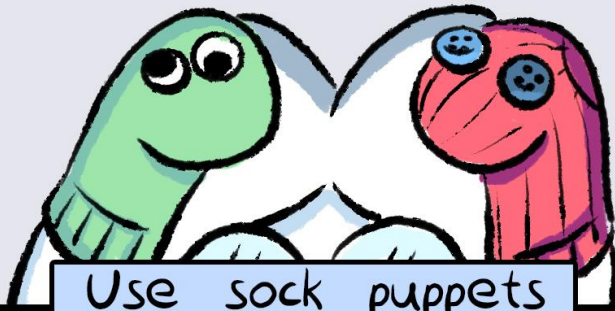
Creative ways to present your research



Choose a jaunty font



Be your own poster



Use sock puppets



Interpretative dance

@timmkinitz

Quick poll- Which of the following terms is 'lay language'?

Cognitive behavioural

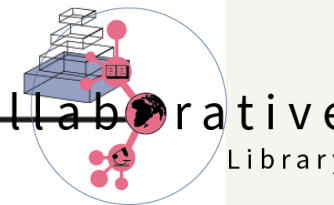
Neuron

ketamine

Chemical

Quick poll- Which of the following terms is 'lay language'?

Placebo
Symptom
Analysis
Evaluation



Identification and optogenetic manipulation of memory engrams in the hippocampus

Steve Ramirez¹, Susumu Tonegawa^{1,2} and Xu Liu^{1,2}*

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With the accumulation of our knowledge about how memories are formed, consolidated, retrieved, and updated, neuroscience is now reaching a point where discrete memories can be identified and manipulated at rapid timescales. Here, we start with historical studies that lead to the modern memory engram theory. Then, we will review recent advances in memory engram research that combine transgenic and optogenetic approaches to reveal the underlying neuronal substrates sufficient for activating mnemonic processes. We will focus on three concepts: (1) isolating memory engrams at the level of single cells to tag them for subsequent manipulation; (2) testing the sufficiency of these engrams for memory recall by artificially activating them; and (3) presenting new stimuli during the artificial activation of these engrams to induce an association between the two to form a false memory. We propose that hippocampal cells that show activity-dependent changes during learning construct a cellular basis for contextual memory engrams.

Keywords: optogenetics, memory engram, IEG, ChR2, false memory

Quick poll- HOW RELEVANT/ EXCITING?

VERY
MODERATELY
NOT VERY



IDENTIFICATION AND OPTOGENETIC MANIPULATION OF MEMORY ENGRAMS IN THE HIPPOCAMPUS

RAMIREZ, S., TONEGAWA,
S., & LIU, X. (2014)

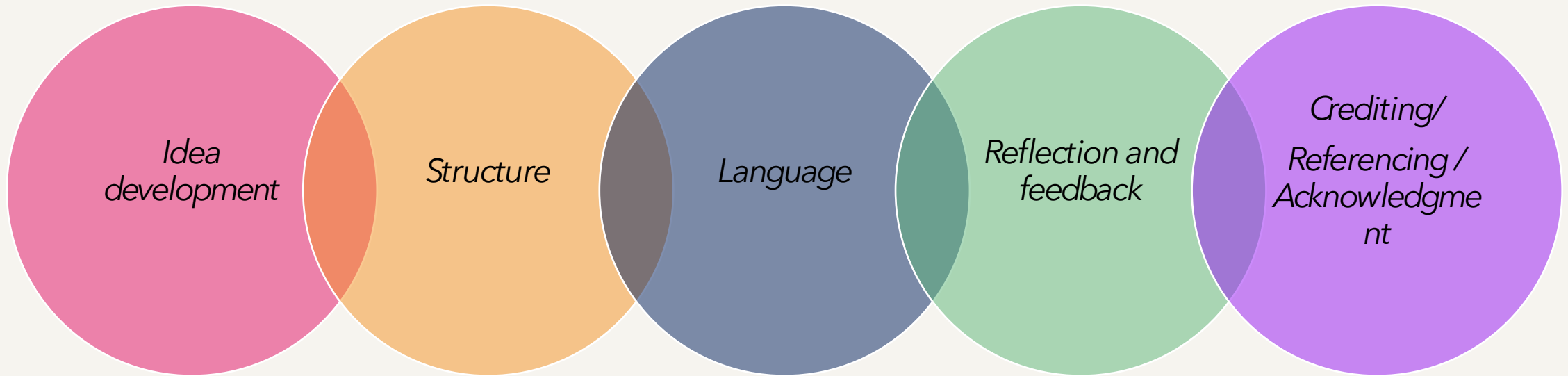


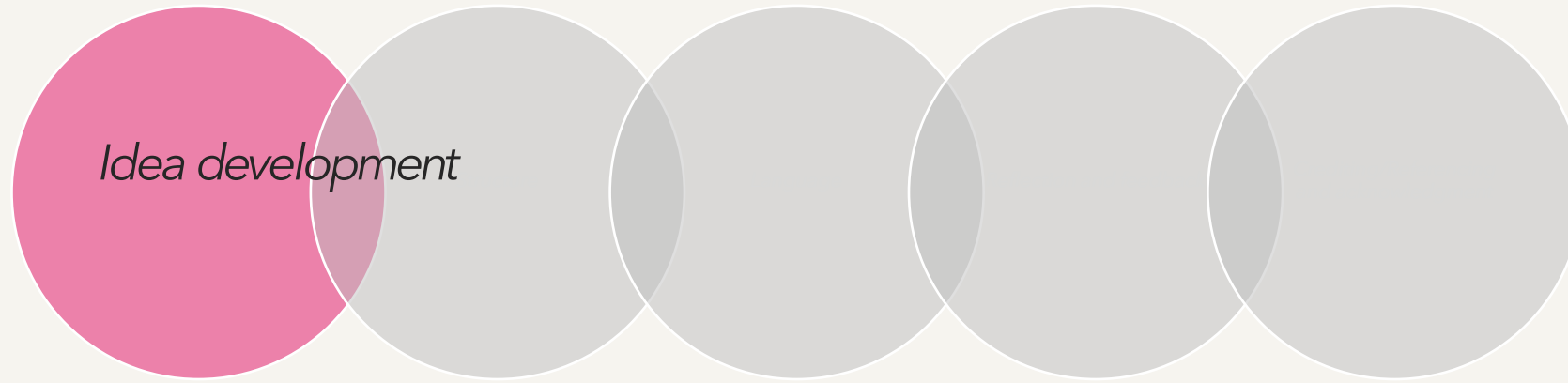
Quick poll- HOW RELEVANT/ EXCITING?

VERY
MODERATELY
NOT VERY



5 elements





Co-create your lay



***Begin with a blank sheet
of paper***

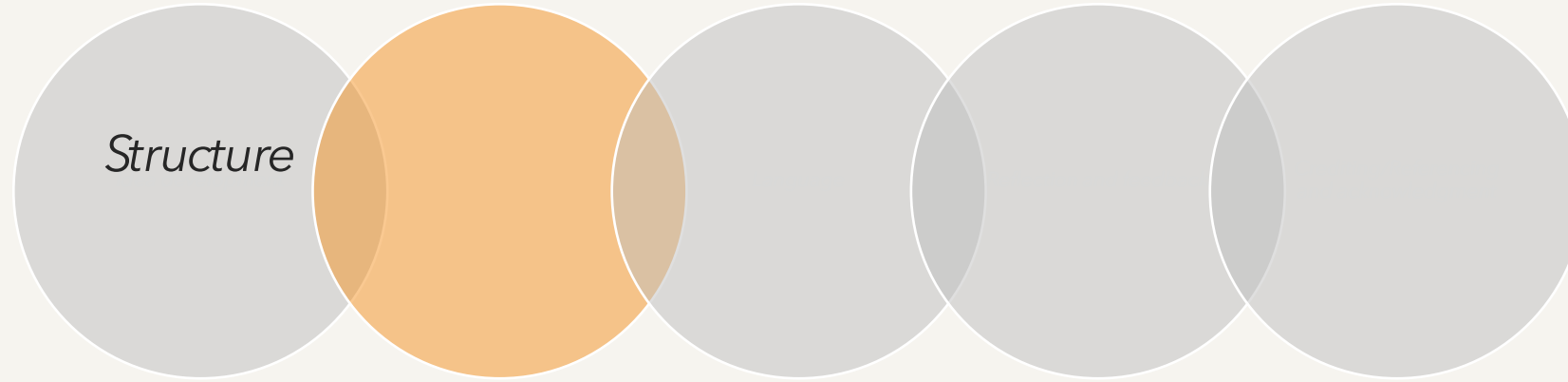


***Explain the research in
25 words***



Start with the basics





1

Respect length requirements for your lay summary content

2

Briefly say who you are and what organisation you're affiliated with

3

Provide a short, snappy, reader-friendly title, headline or question

4

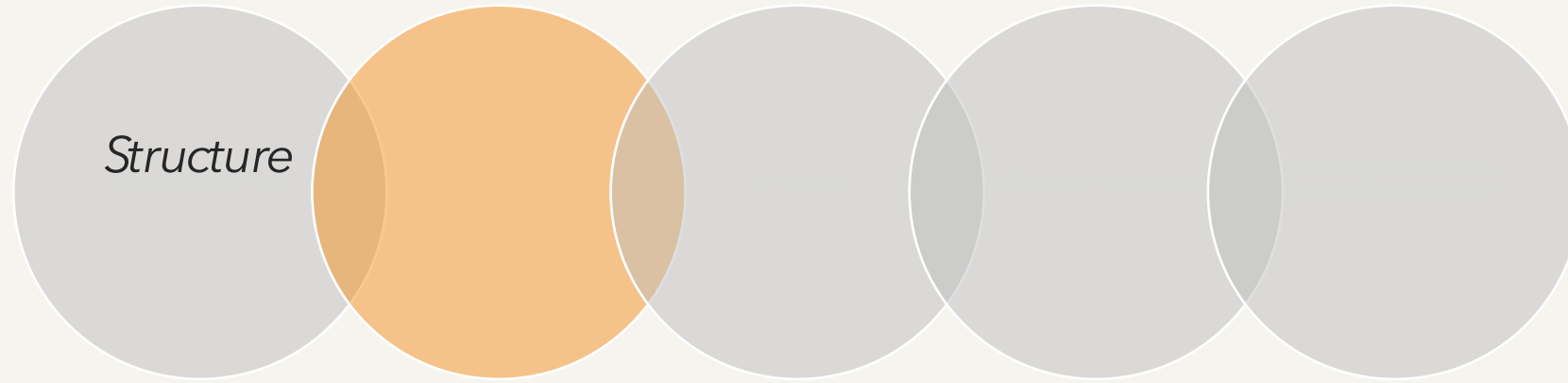
Identify an aspect of your research that almost anyone can relate to (make it human!)

5

Use powerful images / illustrations, or video

6

Include a one-sentence 'top line'



Place the
research **in**
context



Address the “**So**
what?”
question.



Say it **simply,**
concisely and
directly



Say **how** the
research was
carried out



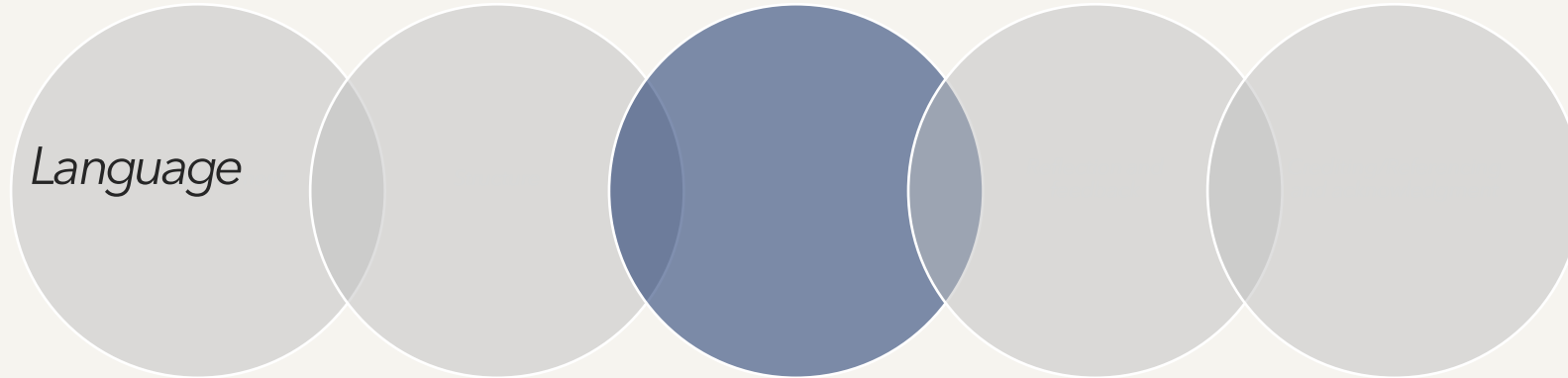
Share if and
how **service**
users or the
public have
been involved



Describe the
outcomes,
including risks
and adverse
events



Acknowledge
any key
limitations



Use short, clear sentences (15-20 words or less)

Don't use a long word where a short one works.

Minimise use of jargon

Adopt a conversational style and entertaining tone

Use active/positive phrases and sentences

Cut out words you don't need

Don't turn verbs into nouns

Ensure you use lay person-centred language

Reflection & feedback



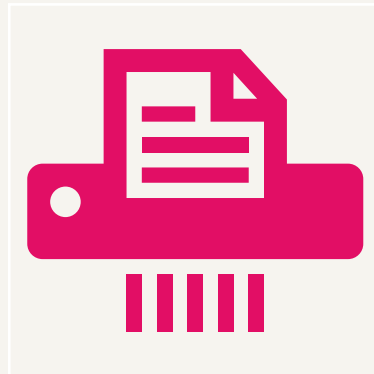
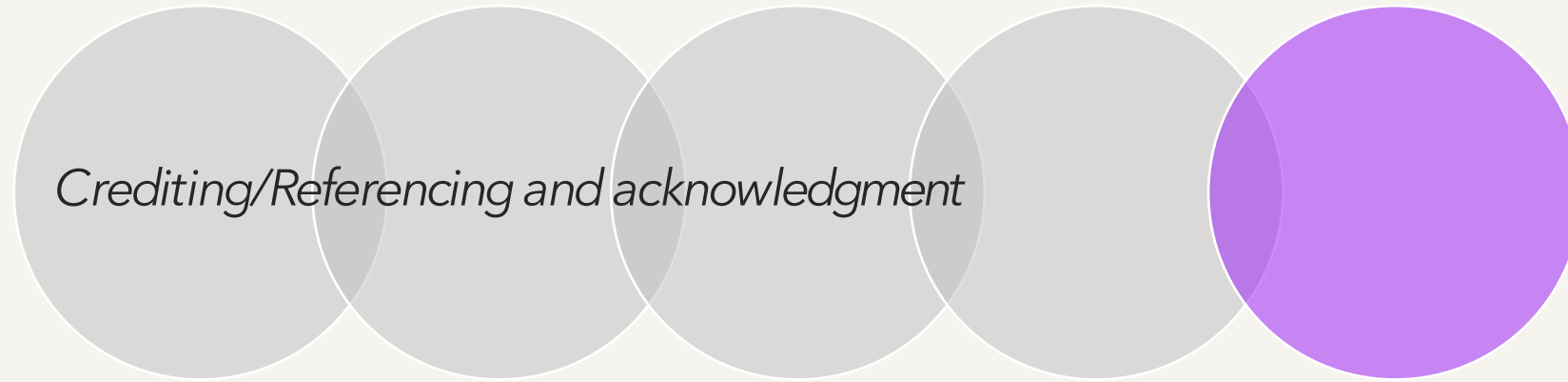
Read aloud / re-watch or re-listen to your lay summary



Perhaps find someone who is not in your field



put to one side for a few days and review it later



***Give clear details of the e-print in the
upload form***



***Acknowledge all contributors and
funders, media***



Exercise

Explain the following picture in a few sentences each to

- A 10 year-old child
- A uni professor specialized on canine evolution
- A vet
- A person you have just met at a pub



A few quick reminders

Science is built up with facts, as a house is with stones.

But a collection of facts is no more science than a heap of stones is a house. (Poincaré)



A few quick reminders

Title

What did others
find? (background)

How was the study
carried out?
(methods)

What did it find?
(results)

What do you think
that means?

Tell a story!

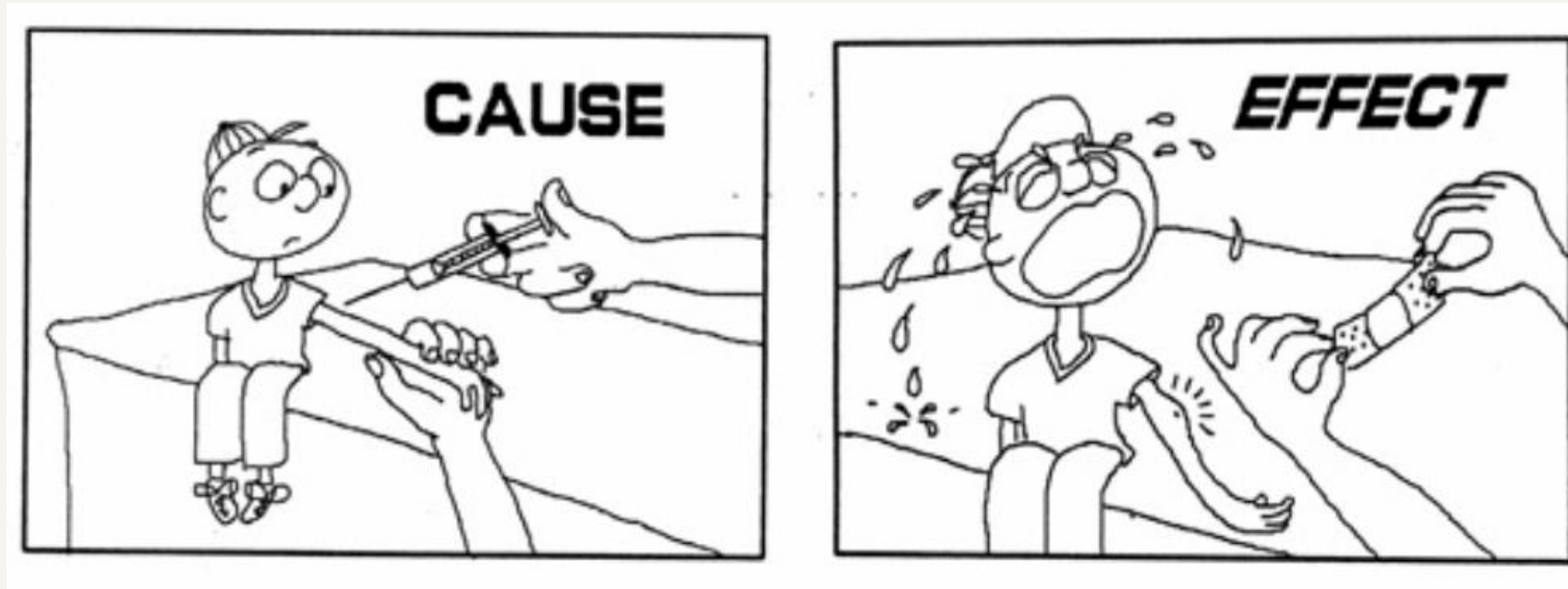
A few quick reminders

Include what is ESSENTIAL for understanding



A few quick reminders

Include what is **ESSENTIAL** for understanding



Time for questions/ discussion

LEARN. CONNECT. CONTRIBUTE.



thecollaborativelibrary.com

hello@thecollaborativelibrary.com

FOLLOW US ON SOCIAL MEDIA