



Dad Matters UK

Perinatal Peer Support
For dads and other male carers

What is Dad Matters?

- Perinatal and Parent/Infant Mental Health Peer Support for men
- Universal Engagement
- Targeted Outreach
- One to One Peer Support
- Professionals Support



What do we do?

- Attachment and Bonding
- Mental Health
- Access to Services



Why NICU and Maternity?

- Dads are present and engaged
- It's a great time to approach dads
- They will carry forward their expectations of services based on these early interactions



Case Study Example 1

- Perinatal MH team
- NICU
- Referrals made

Case Study Example 2

- Twins
- Separated
- Covid

Thank you for listening

Any Questions?